

## Moral Development Laboratory at Texas A&M University

The Moral Development lab focuses on social and moral development in children and families. We are very thankful to the families that choose to participate in our studies and help us move closer to learning more about child development. With that being said, we understand that some families may be interested in services that we do not offer. Below are a few resources that may prove beneficial to those who are interested. The Moral Development Lab is not affiliated or works with any one of these centers and has only created this list to assist the community.

### Mental Health Resources

#### Bryan/College Station Resources

- **Texas A&M Counseling & Psychological Services**
  - CAPS is available for all TAMU Students who have the University Advancement Fee.
  - Address: Student Services Building 4<sup>th</sup> Floor, 471 Houston ST.
  - Phone number: 979-845-4427
  - <https://caps.tamu.edu/>
- **Lamb Behavioral Health Center, LLC**
  - Provides counseling and assessment services for children and families. They treat individuals with mild to severe psychological disorders and foster prevention through education and consultation. They specialize in Children, Adolescents, College Students, and those with developmental disabilities.
  - Address: 1737 Briarcrest Dr. Suite 24
  - Business Hours: Monday to Friday 8 a.m. to 6:00 p.m.
  - Phone number: 979-436-1956
  - Insurance and private pay accepted; service by appointment only
  - <http://lambbehavioralhealthcenter.com/>
- **Empower Behavioral Health**
  - Provides Applied Behavior Analysis (ABA) services for learners with Autism and other developmental disabilities. They offer individualized programs to a wide range of ages.
  - Address: 3841 Sagebriar Drive
  - Business Hours: Monday to Friday 8 a.m. to 4 p.m.
  - Phone Number: 979-985-9503
  - Accept most major insurance providers
  - <https://www.empowerbh.com/brazos-valley>
- **Brazos Valley Mental Health and Wellness**
  - Provide counseling services with individually tailored sessions. Offer services in Individual Therapy, Couples and Family Therapy, Group Therapy, Anger Management, and Battering Intervention and Prevention Program (BIPP)
  - Address: (Bryan Location) 117 E Royal St, (College Station Location) 2748 Longmire
  - Phone Number: 979-777-1683
  - Accept insurance, cash, checks, and all major credit cards as forms of payment
  - <https://brazosvalleymentalhealth.com/>
- **The Oakwood Collaborative: A Counseling & Assessment Center**
  - Offer disability service evaluations, counseling services, and psychological evaluations.
  - Address: 207 Rock Prairie
  - Phone Number: 979-229-7636
  - Accept most major insurance providers
  - <http://www.oakwoodcounseling.com/>

## Online Resources

- **Mental Health First Aid from the National Council for Mental Wellbeing**
  - Offers a variety of website links for those who are looking for more information or need to get connected with help.
  - <https://www.mentalhealthfirstaid.org/mental-health-resources/>
- **Lemonaid Health**
  - Offers personalized coaching and medical treatment for many different services such as Mental Health, General Health, and Women or Men's Health for a subscription like monthly fee.
  - <https://www.lemonaidhealth.com>
- **Cerebral**
  - Offer therapy, care counselors, and medication to those experiencing psychological disorders for a flat monthly fee that may be covered by some insurance plans
  - <https://getcerebral.com/>
- **Talk Space**
  - Licensed therapists who provide online counseling with a wide range of expertise including anxiety, substance abuse, trauma, and couple's therapy. They accept most major insurance providers.
  - <https://www.talkspace.com/#how>

## Substance Abuse Resources

### Bryan/College Station Resources

- **La Hacienda College Station**
  - Provides several treatments to facilitate recovery from substance abuse order through an intensive Outpatient Program that includes Family Members into a 12-Step Program. Assessment and referrals are free.
  - Address: 702 University Dr. East Suite 100-D
  - Phone Number: 979-977-1271
  - <https://www.lahaciendacollegestation.com/college-station-texas-addiction-treatment>
- **More Than Rehab**
  - Offer services through Inpatient Programs that allow patients to rest and enjoy around the clock care through their addiction recovery. Some services provided are alcohol rehab, opioid rehab, and substance abuse rehab.
  - Address: 3201 University Drive E. Suite 280
  - Phone Number: 1-888-249-2191
  - Accept most major insurance providers
- **BVCASA**
  - Addresses substance abuse and addiction through a wide variety of programs including adult and youth outpatient treatment, prevention services, and education services.
  - Address: 4001 E. 29<sup>th</sup> Street Suite 90
  - Phone number: 979-846-3560
  - <http://bvcasa.org/programs/>
- **Promises Brazos Valley**
  - Offer different programs along with education on how to maintain long-term sobriety. Programs include things such as medical detox, inpatient drug rehab, collegiate addiction treatment, and dual diagnosis treatment.
  - Address: 3550 Normand Drive
  - Phone Number: 844-667-8240
  - <https://brazosvalleyrehab.com/>